

# Sportplan ERFURTER HOCHSCHULSPORT im USV Erfurt e.V. (FH Erfurt und Uni Erfurt)

## Wintersemester 2024/25 vom 28.10.2024 bis 07.02.2025

Hochschulsport    Abteilungstraining    ~~Interdisziplinär~~

### Montag

	Universität Erfurt						Fachhochschule Altonaer Str. 25, Haus 11a		Tango Argentino	TSV Grün-Gold EF	
	Treffpunkt: vor Uni-Bibo	UGM-Raum (Audimax)	gr. Kursraum 11a.E.11	kl. Kursraum 11a.E.9	Multifunktionsraum 11a.E.7	StuRa, Raum 11.E.20	FH-Fitnessr. 11a.E.12	Schmidtst.Str. 34	Marktstr. 6, Erfurt		
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# Montag

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	Domsporthalle	Sporthalle GEM9	Spiegelsaal GEM9	Kletterhalle	SH FÖZ1	Sporthalle SBBS 3	SH Am Flughafen	Sporthalle GS1	Turnhalle der SBBS6	SH RS01 Thomas Mann	
	Gymnastikraum	Hirnzigenweg 31, Erfurt	Hirnzigenweg 31, Erfurt	Nordwand	Warschauer Str. 4	Ludwig-Erhard-Schule	Kampfsportraum	Johannesschule	Leipziger Str. 15, EF	Hallesche Straße 18, EF	
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	SH Regelschule 23	Sporthalle GEM3	SH Gymnasium 3	Sportplatz Rieth	Kickerkeller	Kunstrasenplatz	GS6 Bechstein-Schule	Eishalle Erfurt	FÖZ Emil Kannegießer	
	"nördl. Geraue"	Gerf-Schramm Str.1, EF	Johann Gutenberg	Essener Str. 16	Johannesstr. 156; EF	Am Nordpark (Riethstr. 35)	Hans-Sailer-Str. 25	G.-N.-Stirnemann-Halle	Berliner Str. 1	
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**Flag Football**  
50901  
Sebastian S.  
18:00 - 20:00 Uhr

**Handball**  
50251  
Melissa K.  
20:00 - 22:00

# Dienstag

	Universität Erfurt		Fachhochschule Altonaer Str. 25, Haus 11a				Tango Argentino	TSV Grün-Gold EF	
	Treffpunkt: vor Uni-Bibo	UGM-Raum (Audimax)	gr. Kursraum 11a.E.11	kl. Kursraum 11a.E.9	Multifunktionsraum 11a.E.7	StuRa, Raum 11.E.20	FH-Fitnessr.	Schmidst.Str. 34	
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		Domsporthalle	Sporthalle GEM9	Spiegelsaal GEM9	Kletterhalle	SH FÖZ1	Sporthalle SBBS 3	SH Am Flughafen	Sporthalle GS1	Turnhalle der SBBS4	SH RS01 Thomas Mann	
		Gymnastikraum	Hirnzigeweg 31, Erfurt	Hirnzigeweg 31, Erfurt	Nordwand	Warschauer Str. 4	Ludwig-Erhard-Schule	Kampfsportraum	Johannesschule	Leipziger Str. 15, EF	Hallesche Straße 18, EF	
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**Kung Fu (Anfänger)**  
10601  
Susanne Z.  
16:30 - 18:00 Uhr

**Klettern TopRope (Anfänger)**  
40203  
Niclas J.  
17:00 - 19:00 Uhr

**Klettern TopRope (Anfänger)**  
40204  
Falk H.  
19:00 - 21:00 Uhr

**Basketball**  
50101  
Michael H.  
16:30 - 18:00 Uhr

**Brazilian Jiu Jitsu**  
10801  
Maxim G.  
17:00 - 19:00 Uhr

**Aikido**  
10101  
Dirk B.  
19:00 - 20:30 Uhr

# Dienstag

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SH Regelschule 23	Sporthalle GEM3	SH Gymnasium 3	Sportplatz Rieth	Kickerkeller	Kunstrasenplatz	GS4 Bechstein-Schule	Eishalle Erfurt	FÖZ Emil Kannegießer	
"nördl. Geraue"	Gert-Schramm Str.1, EF	Johann Gutenberg	Essener Str. 16	Johannesstr. 156; EF	Am Nordpark (Riethstr. 35)	Hans-Sailer-Str. 25	G.-N.-Stinermann-Halle	Berliner Str. 1	
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**Inline Hockey**  
50401  
Jörg S.  
19:30 - 21:30

**Floorball/ Unihockey**  
50701  
Lutz H.  
20:00 - 22:00 Uhr

**Curling**  
50951  
Nils Jonas G.  
19:00 - 22:00 Uhr

# Mittwoch

	Universität Erfurt		Fachhochschule Altonaer Str. 25, Haus 11a				Tango Argentino	TSV Grün-Gold EF	
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# Mittwoch

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**Klettern Vorstiegskurs  
(Fortgeschrittene)**  
40201  
Philp  
16:00 - 18:00 Uhr

**Bouldern**  
40202  
Niclas J.  
19:00 - 21:00 Uhr

**Volleyball**  
50803  
Paulin J./ Cedric R.  
19:00 - 20:30 Uhr

**Volleyball**  
50804  
Cedric R.  
20:30 - 22:00 Uhr

**Twerk (Anfänger)**  
61001  
Aleksandra B.  
20:00 - 21:00 Uhr

**High Heels (Anfänger)**  
61003  
Aleksandra B.  
21:00 - 22:00 Uhr

**Badminton / Pickleball**  
40101 / 41301  
Benny L.  
18:30 - 20:00 Uhr



# Mittwoch

extern									
SH Regelschule 23	Sporthalle GEM3	SH Gymnasium 3	Sportplatz Rieth	Kickerkeller	Kunstrasenplatz	GS4 Bechstein-Schule	Eishalle Erfurt	FÖZ Emil Kannegießer	
"nördl. Geraue"	Gert-Schramm Str.1, EF	Johann Gutenberg	Essener Str. 16	Johannesstr. 156; EF	Am Nordpark (Riethstr. 35)	Hans-Sailer-Str. 25	G.-N.-Stinermann-Halle	Berliner Str. 1	
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**Rugby**  
50501  
Till H.  
18:00 - 20:00 Uhr

**Flag Football**  
50901  
Sebastian S.  
18:00 - 20:00 Uhr

**Tischfußball (Kickern)**  
40351  
Tina W.  
16:30 - 18:00 Uhr

**Ultimate Frisbee**

# Donnerstaa

	Universität Erfurt		Fachhochschule Altonaer Str. 25, Haus 11a				Tango Argentino	TSV Grün-Gold EF	
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# Donnerstaa

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Domsporthalle	Sporthalle GEM9	Spiegelsaal GEM9	Kletterhalle	SH FÖZ1	Sporthalle SBBS 3	SH Am Flughafen	Sporthalle GS1	Turnhalle der SBBS4	SH RS01 Thomas Mann	
Gymnastikraum	Hirnzigeweg 31, Erfurt	Hirnzigeweg 31, Erfurt	Nordwand	Warschauer Str. 4	Ludwig-Erhard-Schule	Kampfsportraum	Johannesschule	Leipziger Str. 15, EF	Hallesche Straße 18, EF	
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**Thai- und Kickboxen für Einsteiger 10952**  
Timur R. / Christopher B.  
20:00 - 22:00 Uhr

**Tuchakrobatik Anfänger 40951**  
Nannette S.  
18:00 - 19:30 Uhr

**Tuchakrobatik Fortgeschrittene 40953**  
Sophie S.  
19:00 - 20:30 Uhr

**Futsal / Hallenfußball 50301**  
Friedrich S.  
20:30 - 22:00 Uhr

**Kickboxen 10951**  
Oliver B.  
17:00 - 19:00 Uhr

**dancit® Starter 60351**  
Michael M.  
18:00 - 19:00 Uhr

**Tischlennis 40803**  
Florian P.  
20:00 - 21:30 Uhr

# Donnerstaa

extern									
SH Regelschule 23	Sparthalle GEM3	SH Gymnasium 3	Sportplatz Rieth	Kickerkeller	Kunstrasenplatz	GS4 Bechstein-Schule	Eishalle Erfurt	FÖZ Emil Kannegießer	
"nördl. Geraue"	Gert-Schramm Str.1, EF	Johann Gutenberg	Essener Str. 16	Johannesstr. 156; EF	Am Nordpark (Riethstr. 35)	Hans-Sailer-Str. 25	G.-N.-Stinermann-Halle	Berliner Str. 1	
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**Inline Hockey**  
50401  
Jörg S.  
20:00 - 22:00

**Unihockey/ Floorball**  
50702  
Martin G.  
20:00 - 21:30 Uhr

**Völkerball**  
50151  
Florian S.  
20:00 - 21:30 Uhr

**Kin Ball**  
51101  
Minh D.  
20:00 - 22:00 Uhr

# Freitag

	Universität Erfurt		Fachhochschule Altonaer Str. 25, Haus 11a				Tango Argentino	TSV Grün-Gold EF	
	Treffpunkt: vor Uni-Bibo	UGM-Raum (Audimax)	gr. Kursraum 11a.E.11	kl. Kursraum 11a.E.9	Multifunktionsraum 11a.E.7	StuRa, Raum 11.E.20	FH-Fitnessr.	Schmidst.Str. 34	
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# Freitag

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		Domsporthalle	Sporthalle GEM9	Spiegelsaal GEM9	Kletterhalle	SH FÖZ1	Sporthalle SBBS 3	SH Am Flughafen	Sporthalle GS1	Turnhalle der SBBS4	SH RS01 Thomas Mann	
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Tischtennis  
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Jonas L.  
16:00 - 17:30 Uhr

# Freitag

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SH Regelschule 23	Sparthalle GEM3	SH Gymnasium 3	Sportplatz Rieth	Kickerkeller	Kunstrasenplatz	GS4 Bechstein-Schule	Eishalle Erfurt	FÖZ Emil Kannegießer	
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